

Dear County of St Paul Employees

On **Sunday, September 15, 2019**, we would like to invite you to participate in the 39th annual **Terry Fox Run** for Cancer research. The Terry Fox run has become a yearly fall tradition in St Paul and across Canada. Every 3rd Sunday of September, we reflect on Terry Fox, an ordinary young man who embodied what it means to be Canadian, to be a fighter, and to believe in a cure.

As Terry demonstrated back in 1980, everyone can make a difference. I ask that you and your families come out and participate in the Terry Fox run September 15th here in St Paul as the **County of St Paul Team**. Your team will challenge the **Town of St Paul** employees in a corporate challenge. The challenge will involve the # of participants. The team with the most participants who either partake in the event, or volunteer will be recognized as the winner.

For millions of people worldwide, Terry Fox is the face of hope for cancer research and continues to be a leading national investor in research. The Terry Fox run is different from most other fundraising events in that it is **100% volunteer-driven**, with no corporate sponsorships. **79 cents** of each dollar raised goes directly to research, making the Terry Fox run one of the best in the Canadian not-for-profit sector. While the local fundraiser Haying in the 30s is an invaluable event that provides support to local cancer survivors, Terry Fox supports research for a cure.

September 1, 1980 – It was a dull day in Northern Ontario when Terry Fox ran his last miles. "I don't feel this is unfair," Terry told him. "That's the thing about cancer. I'm not the only one. It happens all the time, to other people. I'm not special. This just intensifies what I did. It gives it more meaning. It'll inspire more people. "It's got to keep going without me."

Please feel free to contact me if you have any further questions or would like to volunteer the day of the run at janna.zarowny@ahs.ca or 780.614.7121

Most sincerely,

Janna Zarowny St Paul Run Organizer

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